



Zdravotně
sociální fakulta
Faculty of Health
and Social Sciences

Jihočeská univerzita
v Českých Budějovicích
University of South Bohemia
in České Budějovice

WELCOME GUIDE

FOR INCOMING

GUESTS AND TEACHERS



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CONTACTS:

The Faculty of Health and Social Sciences, University of South Bohemia (FHSS USB) is not located on the main university campus. The faculty operates in several buildings situated in different parts of České Budějovice.

- **The main faculty building is located at: J. Boreckého 1167/27, 370 11 České Budějovice**
- **The main campus of [the University of South Bohemia](#) is located at: Branišovská 1645/31, 370 05 České Budějovice**



Please note that FHSS is not situated on the main campus. When travelling by taxi, always show the exact address J. Boreckého 1167/27, otherwise you may be taken to the main campus, which is about 15 minutes walking distance from the faculty.

The programme for visiting guests is prepared in cooperation with the host institute, the faculty coordinator, the International Office, and the faculty management.



The Faculty Erasmus+ coordinator is the main administrative contact person and ensures communication between the guest and the host institute.

Institutes of the Faculty of Health and Social Sciences

- ♥ [Institute of Nursing, Midwifery and Emergency Care](#) - Address: U Výstaviště 517/26, 370 05 České Budějovice
- ♥ [Institute of Physiotherapy and Selected Medical Disciplines](#) - Address: : H pavilion, Nemocnice České Budějovice a.s., Boženy Němcové 585/54 (entry from. Preslova street), 370 01 České Budějovice
- ♥ [Institute of Laboratory Diagnostics and Public Health](#) - Address: J. Boreckého 1167/27, 370 11 České Budějovice
- ♥ [Institute of Radiology, Toxicology and Civil Protection](#) - Address: H pavilion, Nemocnice České Budějovice a.s., Boženy Němcové 585/54 (entry from. Preslova street), 370 01 České Budějovice
- ♥ [Institute of Social and Special-pedagogical Sciences](#) - Address: Jírovцова 24, 370 04, České Budějovice and Nerudova 2685/53A, České Budějovice 3, 370 04 České Budějovice
- ♥ [Institute of Humanities in Helping Professions](#) - Address: J. Boreckého 1167/27, 370 11 České Budějovice

Faculty Erasmus+ Coordinator

[Jana Ředinová](#)

Address: International Office, J. Boreckého 1167/27, 370 11 České Budějovice, Room: 088 – 2nd floor

PLANNING MOBILITY

When planning a **teaching mobility (Erasmus+ STA) or other teaching visit**, it is important to schedule the stay during the **teaching period of the semester**, so that the faculty can ensure the participation of students in the classes.

Due to the organization of the academic year and the fact that students often attend **block practical placements**, the availability of students may be limited outside regular teaching weeks. For this reason, visits planned during examination periods or practice blocks may not allow sufficient student participation.

When proposing a teaching visit, we kindly ask incoming teachers to send **2–3 possible dates** for the mobility. This helps the host institute and the faculty coordinator to select a suitable term and prepare the teaching programme accordingly.

ACADEMIC YEAR 2026/2027

Winter semester:

Orientation week: 14 – 18 September 2026

Classes: 21 September – 19 December 2026

Exam period: 4 January – 14 February 2027

Winter holidays: 21 December 2026 – 3 January 2027

Summer semester:

Orientation week: 8 – 12 February 2027

15 February – 16 May 2027

17 May – 30 June 2027

Summer vacation: 1 July – 30 September 2027

FACTS AND FIGURES ABOUT THE UNIVERSITY OF SOUTH BOHEMIA AND FHSS

The **University of South Bohemia in České Budějovice (USB)** is a public university founded in **1991**. It consists of **8 faculties** offering programmes in humanities, social sciences, natural sciences, health sciences, economics, education, theology and other fields. The university has about **9,000 students**.

The **Faculty of Health and Social Sciences (FHSS)** was also established in **1991** and provides education in health care, social work, public health, physiotherapy, nursing, midwifery and related disciplines.

The Faculty is an institution that truly lives up to its motto: **WE TEACH PEOPLE TO HELP**. Thanks to this, the faculty trains students for whom their profession can become their mission. A demanding mission, but a mission that allows them to lead fulfilling lives.

The faculty offers **Bachelor's, Master's and Doctoral programmes** and cooperates closely with regional hospitals and social institutions, especially with the **Hospital of České Budějovice**.

FHSS has around **2,000 students** and is actively involved in international cooperation, including **Erasmus+ and Erasmus+ International Credit Mobility (KA171)**, and regularly hosts incoming students, teachers and researchers.

-  Faculty of Economics
-  Faculty of Arts
-  Faculty of Fisheries and Protection of Waters
-  Faculty of Education
-  Faculty of Science
-  Faculty of Theology
-  Faculty of Agriculture and Technology
-  Faculty of Health and Social Sciences

ARRIVAL AND TRANSPORT

Always inform the FHSS Faculty Erasmus+ coordinator about the date and expected time of your arrival.

By Plane to Prague – Václav Havel Airport (PRG)

[There are information centres at Prague Airport of the Prague Public company – at each terminal.](#)



From the Airport to the Railway station

1. Bus Lines:

119: Prague Airport – takes you to „Nádraží Veleslavín“ (**metro line A**) - 15 min

100: Prague Airport – takes you to „Zličín“ (**metro line B**) - 18 min

Where to buy tickets

Tickets are valid on metro, tram, bus, ferry and train lines in the area of Prague. Short-term tickets for Prague (from 30 minutes to 3 days) can be purchased in following ways:

- ♥ In information centers and selling points at most of the metro stations
- ♥ In yellow ticket vending machines at metro stations and some surface transit stops
- ♥ In newspaper shops in the whole area of Prague
- ♥ In the mobile application PID Lítačka (paid by credit/debit card, Masterpass or Apple Pay, ticket needs to be activated before your travel)
- ♥ Inside every tram (only by contactless credit/debit card)

How to use the tickets

If you are using a paper ticket, it must be validated immediately after boarding the bus or trolleybus.

Insert the ticket into the yellow validation machine inside the vehicle.

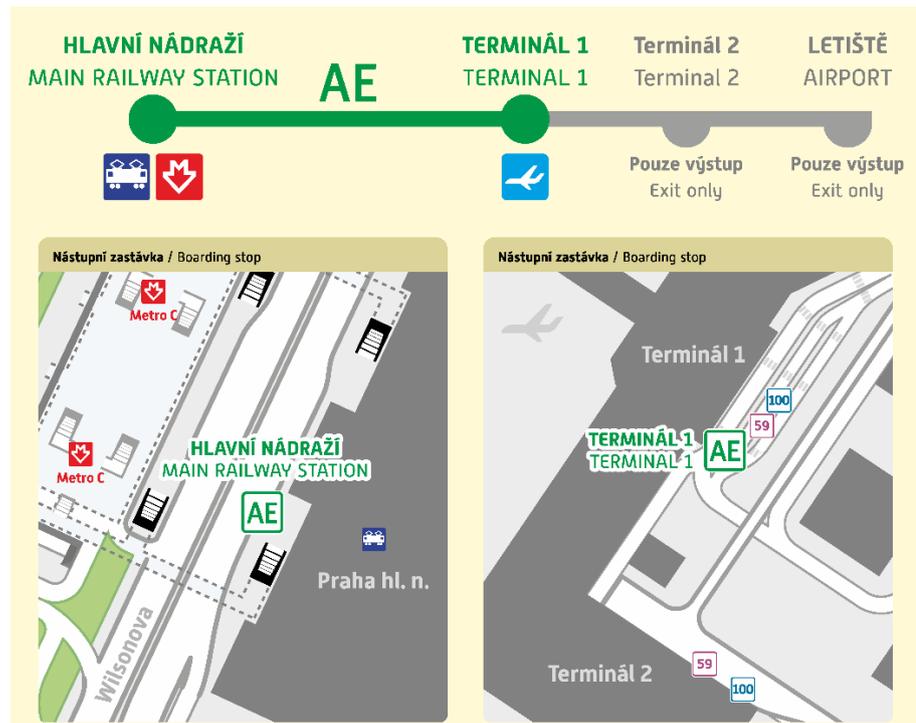
If the ticket is not validated, it is considered invalid and the passenger may be treated as travelling without a valid ticket. Each ticket must be validated only once; when changing between lines or individual means, do not validate the ticket again. **Avoid the Penalty!**



2. Airport express:

Special bus line that ensures direct connection of air, railway, and public transport by low-floor buses (with extended luggage storage space), operating continuously throughout the day.

- ♥ Interval: 20 – 30 minutes, at night 60 minutes.
- ♥ Journey time: 40 minutes
- ♥ Fare: Tickets are purchased from the driver (including card payment) - CZK 200,
- ♥ Luggage: free of charge
- ♥ Recommended sources: [Actual public transportation information](#) and [Public transportation fares](#)



Prague Main Railway Station

[Orientation map of the Station](#)

Before arriving at **Prague Main Railway Station (Praha hlavní nádraží)**, it is a good idea to look at the **station orientation map**, so you know where to go. The station is large and often very busy.

Please be aware that, as in many large railway stations, be aware of pickpockets, and keep an eye on your personal belongings.

At the station you can buy a **train ticket to České Budějovice** at the ticket office or ticket machines. The ticket usually costs **approximately 235–290 CZK**, and the journey takes **about 1.5–2 hours**.

You can check the train timetable to **České Budějovice** [HERE](#).

By Plane to Vienna International Airport (VIE)

Another possible way to reach České Budějovice is to fly to Vienna International Airport (Austria) and continue by train or long-distance bus.

This option may be convenient for some international students, depending on available flight connections.

By Train

From **Vienna Airport (Flughafen Wien)** it is possible to travel to **České Budějovice** by train with one transfer, usually in Linz or Vienna main station.

- ♥ travel time: approximately 4–5 hours
- ♥ several connections available daily
- ♥ tickets usually start from about €10–€20 depending on the connection and booking time

Train tickets and timetables can be checked at: <https://www.oebb.at> and <https://www.thetrainline.com>

By Bus (FlixBus)

A convenient option is also the FlixBus long-distance bus, which connects Vienna or Vienna Airport directly with České Budějovice.

- ♥ travel time: about 4–5 hours
- ♥ ticket prices usually start from about €15–€20 when booked in advance
- ♥ Bus tickets and schedules can be found at: <https://www.flixbus.com>

Some FlixBus routes run directly from Vienna Airport to České Budějovice

Public Transport in České Budějovice

[Public transport in České Budějovice](#) is operated by **buses and trolleybuses** and provides an easy way to travel around the city.

Where to Buy Tickets

Short-term tickets can be purchased in following ways:

- ♥ In information centres and selling points
- ♥ In yellow ticket vending machines
- ♥ In newspaper shops

Bus/trolley stop

At each bus or trolleybus stop there is an information panel.

At the top of the panel you can see [the numbers of the bus or trolleybus lines](#) that stop there.



Reading Bus and Trolleybus Timetables

At many bus and trolleybus stops you will find an **electronic screen** showing the **time remaining until the next bus or trolleybus arrives** and its **final destination**.

Below the screen you will usually find the **printed timetable for the bus or trolleybus line**.

How to read the timetable

In the **top left corner**, you can see the **number of the bus or trolleybus line**.

The **first column** shows the list of stops on the route. The stop where you are currently standing is **highlighted**.

The following columns show the **departure times** for different days:

- ♥ Working days (school period)
- ♥ Working days during school holidays
- ♥ Weekends and public holidays

Pracovní den	Prázdniny	Soboty, svátky
05:30	06:00	06:30
06:00	06:30	07:00
06:30	07:00	07:30
07:00	07:30	08:00
07:30	08:00	08:30
08:00	08:30	09:00
08:30	09:00	09:30
09:00	09:30	10:00
09:30	10:00	10:30
10:00	10:30	11:00
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20:00	20:30	21:00
20:30	21:00	21:30
21:00	21:30	22:00
21:30	22:00	22:30
22:00	22:30	23:00
22:30	23:00	23:30

How to Get to the main Faculty building

The easiest way to reach the Faculty of Health and Social Sciences from the main railway station or bus station (Nádraží) is by public transport.

From the stop “Nádraží” you can take:

1. **Trolleybus No. 5 or 9** to the stop “**VLTAVA STŘED**” (approximately 15 minutes ride)

You can follow the walking route from the stop “**Vltava střed**” to the Faculty of Health and Social Sciences .

(10 minutes)



2. **Bus/Trolleybus No. 1, 4 or 5** to the stop “**EVŽENA ROŠICKÉHO**” (approximately 14–18 minutes ride).

From both stops it is possible to reach the faculty building on foot in less than 10 minutes.

Route on foot from bus stop “**EVŽENA ROŠICKÉHO**” to the Faculty of Health and Social Sciences.

(6 minutes)

MONEY TALK

In the Czech Republic, there are Czech Crowns (CZK) are used as an official currency

1 CZK = 100 Halers. Notes come in 5000, 2000, 1000, 500, 200 and 100 CZK denominations and coins in 50, 20, 10, 5, 2, and 1 CZK.

The Czech crown is freely convertible on world currency markets; exchange rates could be found [HERE](#).



How to exchange money?

- ♥ **Exchange Offices** Many exchange offices in tourist areas advertise 0% commission, but always check the final exchange rate before completing the transaction. Always check the displayed exchange rate and final amount before confirming the transaction.
- ♥ **Banks** Some banks offer currency exchange services, usually during their opening hours: typically Monday–Friday, approximately 8:00–17:00. However, banks often offer less favourable exchange rates than exchange offices and may charge additional fees.
- ♥ **ATMs** Many international students prefer to withdraw Czech crowns directly from ATMs using their bank card. ATMs are widely available in airports, city centres, shopping centres and near banks. When withdrawing money, you may be offered dynamic currency conversion. It is usually better to decline this option and withdraw in CZK, as the exchange rate is often more favourable.

TIME AND PUNCTUALITY IN THE CZECH REPUBLIC

In the Czech Republic, **people usually take time quite seriously**. Being on time is considered polite and respectful. If a meeting, class or appointment is scheduled for 10:00 a.m., it normally means exactly 10:00 a.m., not later. Arriving a few minutes early is common and appreciated.

This applies especially to university classes, meetings with teachers, medical appointments, and official offices. If you know you will be late, it is polite to inform the person you are meeting in advance.

Public transport in Czech cities also runs according to fixed timetables. Buses and trams usually arrive and leave on time, so it is good to check the schedule and plan your journey accordingly.

Working Hours and Opening Times

Opening hours of museums, monuments and tourist sites are usually between 9 or 10 a.m. and 5 or 6 p.m. Many museums, galleries and castles are closed on Mondays, so it is always a good idea to check

the opening hours before you go. If you plan to visit a castle, keep in mind that the last guided tour usually starts about one hour to one and a half hours before closing time.

The National Museum in Prague is open daily from 10 a.m. to 6 p.m. The Jewish Museum in Prague is closed on Saturdays and on Jewish holidays.

The National Gallery is open daily except Mondays from 10 a.m. to 6 p.m.

Shops are generally open Monday to Friday from 9 a.m. to 6 p.m. or later. Many shops are also open on Saturdays, usually until noon or early afternoon. Banks are typically open from 8 a.m. to 5 or 6 p.m., Monday to Friday. Food stores usually open around 8 a.m., and many stay open until the evening, including on Saturdays. Large supermarkets and some hypermarkets (for example Tesco) may be open 24 hours a day.

Good tip for you: don't be late

LANGUAGE ISSUE

The official language of the Czech Republic is Czech, and while many people can speak English, not everyone will. It helps to learn a few useful Czech phrases before you arrive. This can make your experience easier and even bring a smile to people's faces when they see you trying to speak their language.

CZECH	PHONETICS	ENGLISH
Dobrý den	Doh-bree den	Good day / Hello
Ahoj	Ah-hoy	Hi / Bye (informal)
Na shledanou	Nah skh-leh-dah-noh	Goodbye
Prosím	Pro-seem	Please / You're welcome
Děkuji	Dyeh-koo-ye	Thank you
Ano / Ne	Ah-noh / Neh	Yes / No
Omlouvám se	Ohm-loo-vahm seh	I'm sorry
Promiňte	Pro-min-tyeh	Excuse me
Mluvím anglicky	Mloo-veem ang-glits-kee	I speak English
Nemluvím česky	Neh-mloo-veem ches-kee	I don't speak Czech
Můžete mi pomoci?	Moo-zhe-teh mee po-mo-tseh?	Can you help me?
Kolik to stojí?	Ko-leek to stoy-ee?	How much does it cost?
Kde je toaleta?	Gdeh yeh to-ah-leh-ta?	Where is the toilet?
Nerozumím	Neh-roh-zoo-meem	I don't understand
Můžete to zopakovat?	Moo-zhe-teh to zo-pah-ko-vat?	Can you repeat that?
Jak se jmenujete?	Yak seh ymeh-noo-yeh-teh?	What is your name?
Jmenuji se...	Ymeh-noo-ye seh...	My name is...
Těší mě	Tyeh-shee mye	Nice to meet you

PUBLIC HOLIDAYS

State holidays

1 January	Independent Czech State
8 May	Liberation Day
5 July	Slavic Apostles St. Cyril and St. Methodius
6 July	Burning of Jan Hus
28 September	Czech Statehood Day
28 October	Independent Czechoslovakia Day
17 November	Fight for Freedom and Democracy

Other holidays

1 January	New Year's Day
10 April – 13 April	Easter
1 May	Labour Day
24 December	Christmas Eve
25 December	Christmas Day
26 December	Boxing Day

STAYING CONNECTED: SIM CARDS AND MOBILE INTERNET

There are three main mobile network operators in the Czech Republic

[O2](#)



[T-Mobile](#)



[Vodafone](#)



Where to buy a SIM card

SIM cards are widely available and easy to purchase. You can buy them in:

- ♥ official operator stores (O2, T-Mobile, Vodafone)
- ♥ electronics shops
- ♥ supermarkets and hypermarkets (e.g. Tesco)
- ♥ kiosks and convenience stores
- ♥ Prague Airport and major train stations

Most SIM cards work immediately after inserting them into your phone. Make sure your phone is unlocked so it can accept SIM cards from different operators.

Prices

A basic prepaid SIM card usually costs about 200–500 CZK, often including some starting credit or a small data package. More extensive tourist packages with larger data allowances may cost around 500–800 CZK, depending on the operator and data volume.

You can then top up your credit online, in mobile apps, at ATMs, or in many shops and kiosks.

Mobile internet

All three operators offer prepaid data packages that allow you to use mobile internet for navigation, messaging apps, and social media. Data packages typically include several gigabytes of data and are usually valid for 30 days.

Country codes

Austria	+43	Netherlands	+31
France	+33	Norway	+47
Finland	+358	RSA	+27
Germany	+49	Slovakia	+421
Great Britain	+44	Spain	+34
Greece	+30	Sweden	+46
Italy	+39	Switzerland	+41
		USA	+1

to the Czech Republic +420

HEALTH AND TRAVEL INSURANCE

Visitors from EU / EEA / Switzerland

Visitors from EU countries plus Iceland, Liechtenstein, Norway and Switzerland are entitled to the provision of necessary and urgent health care free-of-charge.

It is necessary to have a [European Health Insurance Card](#).

However, it is strongly recommended to arrange additional travel insurance, which should cover medical treatment, hospitalization, repatriation, liability insurance (recommended for teaching or clinical activities)

The insurance should be arranged before departure from the home country.



Visitors from non-EU countries

Visitors from non-EU countries must have valid travel medical insurance covering the entire period of stay in the Czech Republic.

For stays requiring a visa or residence permit, the insurance must meet the conditions set by Czech law. In general, the insurance must cover:

- ♥ emergency medical care
- ♥ hospitalization
- ♥ medical evacuation or repatriation
- ♥ minimum coverage of at least 60,000 EUR per insured event

Visitors are advised to verify the insurance requirements with the Czech Embassy or Consulate in their country before travelling.

USE OF COMPUTERS/INTERNET



All International students have an access to the computer within the University of South Bohemia. The access is enabled by using the guest identification card, which will be given to each international student at his/her arrival to České Budějovice. Within the student residences, there is a possibility to use the internet for a charge as there are internet connections at each room.

The University of South Bohemia is part of Edu roam, world-wide roaming access service.

EMERGENCY AND MEDICAL AID

Important telephone numbers

155	Medical Emergency	156	Municipal police
158	Police	112	European emergency phone number
150	Fire	1230	Emergency breakdown services

Medical care in České Budějovice

With valid health insurance, you may visit any general practitioner, dentist or specialist. In non-urgent cases, it is recommended to make an appointment in advance.

Always bring your insurance card or insurance confirmation when visiting a doctor.

Emergency medical service

Hospital of České Budějovice

Gen. Svobody Street

Phone: +420 386 355 555

Emergency (adults): +420 387 878 001

Emergency service is available outside regular office hours and for urgent cases.

ACCOMMODATION

České Budějovice offers a wide range of accommodation, from hotels in the city centre to smaller guesthouses and budget options. Prices may vary depending on the season. The options below are commonly used by **visiting teachers, guests and Erasmus+ staff**.

[Clarion Congress Hotel České Budějovice](#)

Modern 4-star hotel located near the city centre, within walking distance of the main square. Offers comfortable rooms, restaurant, and conference facilities. Suitable for official guests and longer stays.

Approx. price: 2,000 – 3,500 CZK / night



[Grandhotel Zvon](#)

Historic hotel located directly on Přemysl Otakar II Square, the main square of the city. Comfortable rooms, restaurant, and excellent location in the centre.

Approx. price: 1,800 – 3,200 CZK / night



[Hotel Budweis](#)

4-star hotel close to the historical centre and the river. Quiet location, modern rooms, suitable for university guests.

Approx. price: 1,800 – 3,000 CZK / night



[Spa Hotel Vita / Residence variants nearby](#)

Several smaller hotels and residences are located near the university and city centre and offer good value for medium-term stays. Approx. price: 1,200 – 2,500 CZK / night

[Pension U Černé věže](#)

Small guesthouse in the historical centre, close to the Black Tower. Simple but comfortable accommodation, good for short stays.

Approx. price: 1,000 – 1,800 CZK / night



[Pension Klika](#)

Guesthouse located near the river and close to the city centre. Quiet environment, suitable for guests who prefer smaller accommodation.

Approx. price: 1,200 – 2,000 CZK / night

[Sporthotel České Budějovice](#)

Hotel located between the city centre and the Faculty of Health and Social Sciences, in a convenient and quiet area. The location allows easy access both to the faculty and to the historical centre

Approx. price: 1,000 – 2,000 CZK / night

STRUCTURE OF HIGHER EDUCATION IN CZECH REPUBLIC

Higher education in the Czech Republic is provided by university and non-university institutions. Non-university institutions mainly offer Bachelor's programmes, while universities provide Bachelor's, Master's and Doctoral programmes.

Most higher education institutions are public universities funded by the state through the Ministry of Education, Youth and Sports. In addition, there are also private universities and four state higher education institutions (military universities and the Police Academy).

All higher education institutions offer accredited study programmes, which are regularly evaluated by national accreditation authorities. The main language of instruction is Czech, but the number of programmes taught in English and other foreign languages is increasing, especially for international students.

Degree Structure

Since 2001, the Czech higher education system has followed the three-cycle structure used across Europe.

Bachelor's Degree (Bc., BcA.)

Bachelor programmes usually last 3–4 years (180–240 ECTS credits).

They provide basic academic education and professional preparation.

Studies end with a final state examination and the defence of a Bachelor thesis. Graduates may either enter the labour market or continue to a Master's programme.

Master's Degree (Mgr., Ing., MgA. and others)

Master programmes usually last 2–3 years after a Bachelor's degree, or 4–6 years in long programmes such as medicine or architecture.

Studies focus on advanced theoretical knowledge and professional specialization. Students complete their studies with a state examination and the defence of a Master's thesis.

Doctoral Degree (Ph.D.)

Doctoral programmes represent the highest level of higher education and usually last 3–4 years.

They focus on independent research and scientific work under the supervision of a tutor. Studies are completed with a doctoral examination and the defence of a dissertation.

Graduates are awarded the academic degree Ph.D.



Grading system of the University of South Bohemia

LOCAL Grade	ECTS Grade	% of successful students normally achieving the grade	Definition
1	A	10	EXCELLENT
1-	B	25	VERY GOOD
2	C	30	GOOD
2-	D	25	SATISFACTORY
3	E	10	SUFFICIENT
4	FX	-	FAIL
	F		FAIL
P			PASSED the test
F			FAILED the test
HC			HAS NOT COMPLETED the test yet

ECTS credits:

1 full academic year = 60 credits

1 semester = 30 credits

USEFUL AND INTERESTING WEB-PAGES AND APPS

General Information

[The Czech Republic](#)

[Discover Czech Itinerary Planner](#)

[Town České Budějovice](#)

Information about the University

[University of South Bohemia](#)

[Faculty of Health and Social Sciences](#)

[University Dormitory and Canteen](#)

Transport

[Prague Airport](#)

[Prague Tube](#)

[Public transport in Prague](#)

[Public transport in České Budějovice](#)

[National timetable IS](#)

Apps worth having in cellphone

[Mapy.cz](#) - If you download the map of the Czech Republic to your phone, you can use it offline, which will be very helpful for navigating the country without needing an internet connection.

[IDOS](#) - helps you to find the best bus/train connections

